WHERE IS ROCK SPRINGS 4-H CENTER?

Rock Springs 4-H Center is located 8 miles south of Junction City off I-70. Take Hwy 77 south to Hwy 157, then west to the Center. A map will be sent with your confirmation information. All buildings are smoke-free, and alcohol is prohibited. Dogs are not allowed. There are no televisions or phones in your cabin. Pay phones are found throughout the camp.

WHAT TO BRING:

Since the weather in Kansas changes quickly, pack accordingly. Sturdy, comfortable shoes for walking and hiking, along with good socks are a must. Don’t forget sunscreen and bug spray. You’ll need to bring bed linens or a sleeping bag, a pillow, and toiletries, including a towel and wash cloth. We provide all class supplies unless otherwise noted.

Hands-on Skills Workshops

Becoming an Outdoors-Woman is a program offering hands-on workshops to women focusing on the learning of outdoor skills. These skills are usually associated with hunting and fishing but are also useful in other outdoor pursuits. Here is your chance to learn such outdoor skills as hunting, fishing, camping, orienteering, backpacking and boating.

Designed primarily for women, this program is an opportunity for anyone 18 years of age or older and is for YOU if...

* you have never tried these activities but have hoped for an opportunity to learn.
* you are a beginner who wants to improve your skills.
* you know how to do some of these activities, but would like to try some new ones.
* you enjoy the camaraderie of like-minded individuals.

ADDITIONAL INFORMATION OR QUESTIONS:

Jami Vonderschmidt at:
kansasbow@sbcglobal.net

or

B.O.W.
KS Dept of Wildlife & Parks
512 SE 25th Ave
Pratt KS 67124
(620) 672-5911
rossr@kdwp.state.ks.us
www.kdwp.state.ks.us
EXAMPLES OF HUNTING CLASSES:
- Recreational Shotgunning
- Intro to Shotgunning
- Intro to Blackpowder
- Rifle Marksmanship
- Intermediate Rifle Marksmanship
- Handgun Marksmanship
- Intro to Archery
- Bowhunting
- Deer Hunting
- Rabbit & Squirrel Hunting
- Turkey Hunting
- Intro to Upland Bird Hunting
- Adv Pheasant Hunting
- Wild Game Cooking
- Tracking & Trapping
- Predator Calling
- Skinning & Tanning

EXAMPLES OF FISHING CLASSES:
- Boating & Trailering
- Intro to Fishing
- Advanced Fishing
- Limb Lining
- Tackle Crafting
- Beginning Fly-Tying
- Fly-Fishing for Everyone
- Stream Ecology
- Float Tubing
- Canoeing
- Advanced Canoeing

EXAMPLES OF OTHER CLASSES THAT MAY BE OFFERED:
- Natural History & Botany
- Backpacking Basics
- Tent Camping
- Beginning Orienteering
- Adv Map & Compass
- Birdwatching & Backyard Habitats
- Outdoor Photography
- Native Basketry
- Biking
- Rappelling
- ATV Training
- Dutch Oven Cooking

MINI-SESSIONS MAY INCLUDE:
- Star Gazing
- Star Lore & Mythology
- Knot Tying
- Emergency Field Care
- Camping with Kids
- Camp Cooking
- Basics of Firearms
- Laser Shooting System

AND OF COURSE—
- NIGHT HIKES
- CAMP FIRES
- AND S’MORES!!