Fredonia Bay Trails
Casner Creek Trail is accessible at two trailheads: one in the Casner Creek Campground and one at the youth fishing pond at the entrance to South Rock Ridge Area. The trail leads through a wooded area and a profuse display of prairie wildflowers. It is a great trail for introducing children to hiking and to tallgrass prairie ecosystems. Casner Creek Trail is moderately difficult.

Turkey Run Trail runs through a wooded ravine, crosses an intermediate stream and ascends across the tallgrass prairie that features a breathtaking view of Fall River Lake and the Flint Hills. The edge effect from wooded ravine to prairie provides frequent sightings of white-tailed deer and other native wildlife. Bald Eagles are common sights during the winter months along the trail. The trail is rated moderately difficult to hike and open to foot and bicycle traffic.

Quarry Bay Trails
The ADA accessible Overlook Trail has a beautiful view of the lake. An interpretive sign with history of the flora and fauna allows viewing from a wooded deck.

Post Oak Trail loop takes you along a portion of Craig Creek, you will see post and blackjack oaks, lichen covered sandstone outcroppings, and open grass meadows. This gently rolling trail offers hikers or mountain bikers a moderate challenge.

Catclaw trail will take you through tallgrass prairie, sloping sandstone ridges, and wooded oak savannahs, a favorite feature is the panoramic view of lake. Native plants garnish the hillsides. The trail is moderate in difficulty, open to both foot and bicycles.

The Bluestem Prairie trail can be accessed by the Campground. This gently rolling trail offers hikers or mountain bikers a moderate difficulty.

Fall River State Park is located between the Cross Timbers region and the grasslands of the Flint Hills just north of highway 400 on Z 50th Rd. The 1107-acre park is a unique blend of forested flood plains, oak savannahs, and tallgrass prairie. Outdoor enthusiasts looking to get off the beaten track will find much to their liking in this beautiful outdoor setting.

Camping, swimming, boating, water skiing, hiking, and picnicking are popular pursuits at Fall River. Camping facilities include 45 electric/water campsites, more than 50 primitive campsites and three modern toilet/shower buildings. Children can enjoy the playgrounds and the mowed open areas for field games. Six hiking trails offer visitors a look at the flora and fauna of the region.

Canoeing is a favorite pastime on Fall River, which feeds into the 2,350-acre reservoir of the same name. Bird watchers, photographers, and naturalists will enjoy a variety of native plants and animals. Fall River offers good fishing opportunities for channel and flathead catfish, white bass, and crappie. More than 8,000 acres of public wildlife area adjacent to the park are managed for a variety of game and nongame species.

Fall River State Park provides rustic cabins with modern conveniences available to visitors year round. Cabins are located on the lake, in the Gobbler’s Knob area, with a beautiful view of Fall River Reservoir and the surrounding tall grass prairie. Cabins are close to amenities such as boat docks for loading/unloading boats, playgrounds, horseshoe pits, shoreline fishing, and hiking. Scheduled park-sponsored outdoor programs are listed on ksoutdoors.com.

Enjoying the Trails
All the park’s trails are open to foot and bicycle traffic. During high lake levels or heavy rains, portions of the trails may be hazardous or impassible. Biking is prohibited when the trail is wet enough that damage may occur.

Portions of the Quarry Bay trails may be open to archery hunting. The trails remain open during this period.

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